

## IN THN TERKL EOTTION. <br> 000

## an upadte on all things advice from a year 11 chapel hich sports and how to get involved <br> WHERE THEY ARE NOW



## FILM REGOMMENDATIOHS GUTUWN REGTP RHTIONAL POETRYY DAY BOOKREVIEW NEW BOARD GAME TEAGHER LOOK-A-IIKES

 GROSSWORD
## WVELCOLYEL

## EOTIOR'S INTRO

## 4I!

Welcome to the school newspaper! Over the last half term, a group of amazing and
talented students have gathered every Thursday to create what you are about to read. We are so incredibly proud of everyone who has
taken part and we are really excited for this to be launched!

## From Charlotte Semple, Hannah Semple and Sarah Madden.

## OHRNSMAS SHOPPING EVENING

 AT OHAPEL HIGHThursday 1st December, 5pm-8pm Come along to raise money for our Learning Support Department.

# Around the World in 80 Days! Written by Eden Evdemon 

The exciting new play, which will be performed by our school's drama club, is 'Around the World in 80 Days'! This new performance started as a novel but has now been adapted into a dynamic play. There are lots of different scenes and roles including ragamuffins, polite, well-raised children, wealthy characters, working class characters and many more. Years 7-10 are working on the play, and everyone gets a part whether it is a main character, or small parts in many different scenes.
This performance includes some instruction however a lot of ideas are suggested by the actors. This demonstrates the passion that the actors have for performing and they do it from the heart. The performers are put into groups for the ensembles for anyone who has nerves. This show helps students take charge and learn stage direction. Work has started on the play and the performers look forward to everyone seeing the result.


Year 7 students recently visited Castleton as part of their study of local geology and the role it plays in attracting tourists to the Peak District National Park. After an energetic trog down the broken road of Mam Tor, students enjoyed a guided tour of Treak Cliff Cavern - seeing first hand limestone features such as stalactites, stalagmites; also 350 million year old fossilised remains of crinoids and brachiopods. Students also saw underground deposits of the famous Blue John stone, with many helping the local economy by buying crystals, semi-precious stones, and fossils from the Cavern's shop! Tommy Robinson of year 7 said 'I really enjoyed the trip - especially seeing the fossils in the cavern!' Most enjoyed lunch in the sunshine, in the 'crushing circle' of Odin Mine before a walk on local footpaths to Peveril Castle, built by William of Peveril (William the Conqueror's illegitimate son) - mentioned in the Domesday Book of 1086. Students explored the curtain wall remains and the well-preserved Norman keep giving them first-hand experience of the impact of the Norman invasion of 1066 on the local area...a topic they will explore further, later this year in History lessons. Another student; Jenny Goodwin said 'I really loved the trip to Castleton' in particular 'learning of the overnight stay made by Henry III in the 12th century!'

## The John Muir

## Harvest <br> Written by Learning Support

The John Muir Award students from our Learning Support Department have produced a great crop of fruit and vegetables on the allotment. This fabulous harvest has seen them enjoying radishes, broad beans, French beans and runner beans. The group have also grown a good crop of onions, garlic, beetroot and potatoes, and the chard and tomatoes have done really well too.
We've been cooking lots of delicious dishes, including beetroot curry, tomato soup and new potato and chard curry. Staff and students have taken some home to enjoy, with proceeds from any harvest sales going towards next year's seed and compost.
Well done to students for working so hard to produce a very successful harvest this year.

## Thie Ianish

## Buddies <br> Written by Charlotte Semple

A few weeks into the school
year thirty-two students from Frederikssund Private Reaiskole in Denmark, came to visit and take part in Chapel High lessons. They all had year 10 buddies whom they would go to lessons and learn with. Many were excited to learn drama as it is not a subject taught at their school. Amongst the two weeks of lessons, there were three after school events: the first was a sports event where everyone could play either handball, netball or football - the night concluded with tug of war and burgers, which everyone enjoyed. The next week, a social night was held - the Danish students shared presents, as well as national delicacies like liquorice. The final event was a gala at the palace hotel where everyone joined together to celebrate the two weeks. The Danish buddies made a huge impression on most students, and have since kept in touch. Many friendships blossomed in the experience, and we hope to meet them again one day.

## Across

2. What is the name of one of the main bus companies that drives the students to school? (7)
3. On the school logo for Chapel High, what did it say the school was striving for? (10)
4. What is the headteacher's forename? (6)
5. Out of the 4 houses at Chapel High, which is named after the highest mountain in the Peak District? (6)
6. Which company sponsored the football stadium that the students are going to on the Barcelona trip? (7)
7. Last year, year 10 s went on a sponsored walk for $\qquad$ Cancer Trust. (7)

Down

1. Which type of flower did Chapel High grow for Ukraine? (10)
2. In Roman numerals, how many year 7s joined Chapel High this year? (3)
3. On which weekday does Philosophy and Ethics teacher Mr. Manley wear rubber ducks on his tie? (6)
4. On last year's school trip to London, which musical did the student's see? (7)


This year's national poetry day took place on Thursday 6th October. The theme this year was The Environment. The students of Chapel High have been busy writing some insightful and beautiful poems. We will be sharing examples in each issue this year.

This issue includes 'Shoulda, Woulda, Coulda' written and illustrated by Miriam Swift, Lucy Sherratt and Sam Crossland, and 'Winter' by Ellie-Maye and Kiara.

## WINTER

The cold winter breeze, driven through the air, With thick sheets of snow below where I stand, You catch a glimpse of a crystal white mare, Running through once lush green fields, now so bland,
There is no colour in the faded grass, The whitener of hills has come at last, The latest of all seasons shall now pass, The wicked spell of winter from the past, But the short days and the great mass of shade Comes with the beauty of the outside world A Snow angel appeared where I had laird, Stars in the frosty night sky twirled and whirled,
Upon the hills fly robins oh so high,
I shall love winter till the day I die.

## Written by Ellie-Maye and Kiara



7 repped at the start-line, as we check our laces. , drenaline pumping, as sweat runs down our faces.
acing, jogging, walking, as we try to up our places.
eeping an eye on our watches, as we check our paces.

Dunner's High, as we spot the finish.
tter exhaustion, as our barcodes are checked.
ow for cake, as we plan our next!
Written hy Mrs A Keeble

 GNGTE CFTIIE CMONTIT

Shoulda would could
by Miriam Swift, Lucy Sherratt and Sam Crossianct.

Shoulda saved the trees, Could a helped the bees,
Would cleaned the seas, But that never seemed to happen.
wish we could have seen, What the world would have been, Before the cutting of trees, without the death of bees.

Now were in too deep, And the world begins to weep. No more shoulda woulda coulda.



## WHO MIGHT NEED COUNSELLING?

Students come to counselling with a wide range of issues. Try not to worry about whether your problem is serious enough to bring to counselling.

The kinds of issues counsellors can help with include: • Depression • Anxiety and panic disorders • Lack of motivation - Trauma • Bullying • Sudden changes in character, mood or behaviour that concerns you $\cdot$ Misuse of alcohol and drugs - Self-harm - harming thoughts • Eating issues •Violence • Abuse • Relationship difficulties friends/family • Bereavement and loss • Anger management • Low self-esteem • Gen-

Counselling offers a safe and confidential space for you to talk through any issues you may have and helps you explore your way through sometimes difficult experiences and feelings. For example you may be having difficulty with:

## IDENTITY FAMILY FRIENDS LOSS.

You may be feeling:
DEPRESSED ANGRY ANXIOUS HURT.
Through exploring these feeling and issues together, I aim to help you grow your self-worth and confidence and build upon your resilience.


## PENNY SMITH'S SOHOOL OOUNSELLING SERVIOE

Are you feeling stressed, overwhelmed, worried or down? Are you struggling to sleep and concentrate at school?
Are you feeling things are getting to you and you're struggling to enjoy life?
If so... I am here to help you get the best out of
your time in school and beyond.
For confidential support and understanding, you can arrange an appointment with me.

You can choose how to arrange an appointment:-

1. Ask your pastoral leader to be referred for a counselling assessment.
2. Come to my drop in on a Wednesday or Friday lunch time at 12.30 pm in the interview room on MFL .
3. Leave a note at reception for me.

## $3 P C 120$



NETBALL

## Writiten by Safiron Chailesworth

There have been many netball matches planned for the few weeks just gone, but due to fallen trees and the weather, many years haven't been able to play a match yet. The year 7 s and 9 s were lucky and had a netball match against Buxton Community. The year 9s gave a few too many balls away, resulting in a 12-13 loss. However, the year 7 s played their netball match exceedingly well and won their match, 13-1 . As many were new to the sport, this was a brilliant first inter-school game. Netball is a very competitive sport and loosing matches is one of the fastest way to progress. Playing netball improves hand-eye co-ordination, as well as building up muscle strength and stamina. It helps develop the body's cardiovascular system (which delivers important substances to cells and organs in the body and plays an important role in helping the body meet the demands of activity, exercise, and stress). Playing netball improves the body's
flexibility and nimbleness. It is a great way to improve teamwork, fitness and problem solving - as well as being a good way to have fun! If you think you would like to play netball then netball club is on after school (on Wednesday for year 7, $8 \& 9$ and on Thursday for year $10 \& 11$ ). It finishes at $4: 15$ and anyone of any ability can join.

## RUNWING

On Saturday 1st October, 8 students from years 8 to 11 went on a two-hour drive to Giggleswick, North Yorkshire, for a fell running competition. Fell race courses are often longer than cross country running courses, steeper and unmarked when out on the hills (with a few exceptions). Fell running also overlaps with orienteering. Courses are again typically longer but with less emphasis on navigation. The year 11s had a
5.59 km ( 3.47 miles) run, with a 247 m ( 810 ft .) ascent. They had to run through fields with bogs and a stream, before they started the
ascent, leaving them wet and muddy for the long, steep climb ahead of them. The year 8 s and 9 s had a shorter run, with it being 3.96 km ( 2.46 miles) with a 206 m ( 675 ft ) ascent. They didn't have to go through as many bogs but there was no avoiding the stream. Many got wet feet from running through it, but some good long jumpers managed to jump to the other side with no wet feet.
On Tuesday 4th October 35 students from years 7 to 10 gathered after school in the persistent drizzle to compete in try-outs for the cross-country school team. Only 6 people could make it into a team and there were 4 teams $-7 \& 8$ boys, $7 \& 8$ girls, 9 \& 10 boys, 9 \& 10 girls. The first race for the new teams were on Friday 7th October at Mount St. Mary's College and they did very well. The junior girls ran their 2 km race first and came 4th out of 13 schools overall. Unfortunately, this means they didn't qualify for the next round as only the top three go through. They all ran very well though. The next to race were junior boys and they ran 2.5 km very quickly. They came first in their category!!! The inter girls ran the same course as they junior boys but unfortunately some of their team were ill a few days before and weren't fully recovered, and they came 7th overall. Great effort on a tough course. The inter boys ran their 4 km race and came second overall! Well done to everyone who competed and good luck in the next



# ENGLAND VDENMARK Written ty Cai B and lucas E 

Last week we hosted an evening sport to welcome our Danish friends who were visiting us and other schools. Chapel High School also welcomed pupils from Buxton Community School and Hope Valley College. The sports included football, handball, netball and a tug of war. Chapel did well in the netball winning most of their games and the Danish did well in the handball.

The football was of a high standard with one of the Chapel football players said in a post-match interview that they were excited, happy and Chapel deserved to win. The Danish students disagreed and said the Danes were better than the English. The event was finished with a fun tug of war with Chapel High School dominating and bringing the other schools to their knees.

Recently we have also had a cross country success and the students did really well with the fastest running in another race.
"I started playing netball in year 8 because the people I knew enjoyed it and I used to really like basketball and
 netball was very similar. I liked the fact that there were positions with different roles and that you didn't have to run round frantically as much as in basketball. My favourite thing about netball is the team coordination. I like the action when you have to mark the opposite position to you on the opposing team and try to prevent the ball from reaching them or dodge them so you can get the ball. My favourite position is
to shoot (which I enjoy) but you also get to move around quite a bit and practice your defence skills. You have more space to play compared to GS (Goal Shoot)."

\author{

- A netball player
}

Q. What did you want to be when you were younger?
When I was four, I wanted to be a farmer but then moved onto a police officer, then a hairdresser! I also went through a phase of sciences and was specifically interested in forensics.
Q. What are the best and worst parts of being a teacher?
The best part is talking, debating, and learning about the students' lives. More often than not, the students teach you; it is great when a student adds a perspective onto a matter you've never considered before.
The worst part is when a student misbehaves because it ruins the lessons for others in the classroom, and that hinders learning for all.
Q. Were you well behaved in school?

Yes. I never got a detention!
Q. What subjects did you take at GCSE?

I took eleven subjects. Three sciences, French, English literature, English language, RE ( $\mathrm{A}^{*}$ ), ICT, business studies and computing.
Q. If you could change your career, what would you change too?
I would never want to consider changing career, but I would love to own a café.
Q. What are your hobbies?

I am the most boring person in world and no fun at all. I do not really have hobbies! I go through phases of reading either loads of books or I will not pick one up for months (I'm currently in the latter phase). Usually when I go home after work, I listen to Taylor Swift whilst cooking.
Q. If you support football which team, do you support?
Sheffield Wednesday.
Q. What is the best present someone could ever give you for Christmas? A lawnmower I can sit in.
Q. What is the strangest gift a pupil has ever given you?
I've never received a strange gift before thankfully. However, I've had plenty of cards and one of my pet hates is that I despise shop bought cards that have no thought put into them.
Q. Do other staff have a nickname for you?
Toby because in staff football Mr Henshall commented that I had Toblerone feet. I don't know what this means... Q. What is a hair style choice you regret? When I was 5 or 6, I had a really ugly fringe.
Q. Have you ever met anyone famous?

Two of the Chasers. One was The Beast and the other was The Dark Destroyer who was amazing. One of the nicest guys I've ever met.
Q. What is your favourite film/TV show?

I'm a big Game of Thrones nerd, recently finished Walking Dead. As a child my favourite film was Tarzan and there's nothing you can say that can change my mind.
Q. What is your favourite book?

The Seven Husbands of Evelyn Hugo and Dracula. Slightly different vibes!
Q. If you could pick a different subject to teach, what would it be?
Probably a modern foreign language, such as Spanish. Pero no soy muy bueno hablando español.


Surprisingly, the staff of Chapel High have lives outside of the cinder block walls. Yes, shocking, who'd have thought? One of the things I revel in doing of an evening is gaming. Now, I can't get my teeth into Minecraft - I've tried, the graphics are naff, sorry not sorry. Fortnight is way too chaotic and seems unnecessarily stressful; my gamer rage is too often expended on Crash Bandicoot and Spyro, I can't afford to add to it. Nevertheless, I recently found myself on a new side of TikTok I didn't know existed: the cosy gaming world. Now, I regularly discuss with students which villagers I currently have on my Animal Crossing island, my favourite is Lolly, and I would say that AC is a perfect example of the "cosy gaming" category. Another example would be Stardew Valley - it's all about pulling up a blanket, having a brew/hot chocolate in arms reach and immersing yourself into the idyllic, peaceful worlds to shut away the commotion of reality. Anyway, TikTok sold me the quaint experience of Bear and Breakfast.
Bear and Breakfast is a 'laid-back management adventure game' where you play as a wholesome bear - Hank, attempting to run a B\&B in the woods. If that hasn't sold it to you, I don't know what will. First of all, the graphics are STU-NING. The layout, character interaction and gameplay is mostly comparable to Stardew Valley and old-school Pokémon. The character design is absolutely wonderful and although you never hear the character's voices, the freeze-frame animated conversation demonstrates the character's personalities perfectly. Secondly, the gameplay is relaxing and easy to manoeuvre. The pairing of gameplay and soundtrack plunges you into the cosy gamer world to truly deliver a wholesome experience. . My only qualm is that the concept becomes a little monotonous, yet this tells myself that enough is enough and reminds myself to talk to real human beings. Overall I would wholly recommend this game to anyone over the age of ten, it's around $£ 15$, more reasonable than most modern games. You can play it on Steam and Switch. (Please ask your caregiver's permission before buying anything online!!!). If you play it, let me know what you think!

## Instructions

Cooking Time: 45 mins Ingredients

## 25 g butter

1 medium onion, diced 1 red chilli, deseeded and chopped

## 2-3 fresh sage leaves

- 650 g pumpkin flesh

650 ml chicken stock

- 100 g chorizo, diced
- 2 cloves garlic, diced
- 1 tbsp olive oil
1.Melt the butter in a saucepan, add the onion, chilli, and sage, then cook for 10 minutes until well softened.
2.Add the pumpkin and cook gently for a couple of minutes. Pour in the stock, then cover and simmer for 20-25 minutes.
3.Meanwhile, fry the chorizo and garlic in the olive oil until the chorizo is browned.

4. Blend the soup, season to taste, then reheat gently, adding the chorizo and garlic, along with the oil from the chorizo pan.


Q: Which college are you attending? Evie: Aquinas College
Q: What subjects are you studying?
Evie: Criminology, Biology and Psychology.
Q: What is the best thing about studying at college so far?
Evie: The best thing about it is that you're able to be much more independent and study what you're really interested in.
Q: What is one piece of advice you would give to a year 11 right now?
Evie: A piece of advice for year 11 is to put in the hard work but focus on yourself first and do what is best for you.
Q: What is something you wish you knew before starting college?
Evie: Probably just looking at exactly what the courses are like and the content of them.

## Trick or Treating Ghost!

This comic strip is ahout a ghost that goes trick or treating, hut when she gets home her older hrother and younger sister steal all of her treats. So, she has to go trick or treating again!


## TEACHER BOOR INTERVIEW

## Written by Naya Howe and Faye Gritchlow



## Wiss Hilhbert's Favourite Book

Q. What is your favourite book ever? Eleanor and Park
Q. Who is the author?

Rainbow Rowell
Q. What is it about?

Two misfits that struggle to
communicate at school and explores their romance alongside music and comic books.
Q. Who would you recommend it to? Anyone that enjoys romance, and students that need a relatable es-

## cape.

Q. Star rating? (OUT OF 5)

A must-read for all you murder and adventure fans. Follow Joyce, Elizabeth, Ibrahim and Ron as they try to solve unsolvable police cases. Only, they soon find themselves in the middle of their very own murder mystery. An exciting and thrilling story that is sure to bring laughter, excitement and a whole lot of fun. Learn about the secret life of these pensioners and how they solve cases their own way. It's a story that will make you want to read and read and read, and make you sit on the edge of your seat as you wait for more. Will they catch their murderer? Read to find out!


Written by Harry Woodward

# STUDENT LIBRARIAN 

 BOOK REVIEW
## WINNER



## Harry Potter and the Goblet of Fire

The Triwizard tournament is to be held at Hogwarts. Only wizards who are over seventeen are allowed to enter - but that doesn't stop Harry dreaming that he will win the competition. Then at Halloween, when the Goblet of Fire makes its selection, Harry is AMAZED to find his name is one of those that the magical cup picks out. He will face death-defying tasks, dragon and dark wizards, but with the help of his best friends, Ron and Hermione, he might just make it through- alive!
Harry Potter and the Goblet of Fire is the 4th book in the series and overall my favourite out of the 7 books. I like this one the most because it draws my attention more and is more exciting. I think this is because, unlike most of the other books, harry knows what is going to happen (almost all the time), he just needs to prepare for it. I would recommend this book for Year7 to Year 9.
My overall rating for this book would be 4.5 stars because it is such an engaging book - I can't put it down!

## Greated by Naya Howe and Faye Gritchlow

> Meet Baubles the reindeer - or is he a bauble? You choose! His story is that he swallowed a bauble when he was young and now look at him.

## COMPETITION INFO:

All you have to do is traw a cartoon Christmas character and give ita hackstory. Please have your name and tutor group code cleaty on your masterniece. Winner and runner uns get published in the newsnaner. Please give your entries to Miss rifibert in the Lifrary.



Air control has intercepted bandits on radar. The problem is, there are only a few planes on the carrier. Scramble the last remaining fighter! Shoot to kill!

Play with your friends in this Print and Play game! You get to control the planes of Top Gun and Top Gun: Maverick and fight to the last plane standing. Fight in straight up dogfights or destroy the opposing carrier/base. Use overwhelming tactical superiority to win the battle! Even better, all you need is a chess board and the rules to start!

This picture is of WW2 bombers that came back from the war. The leaders wanted to put armor on the planes where it was needed, but not where it was no use as it increases drag. Where do you put the armor? Email me the answer to get some new planes and weapons for Scrambled!
Email:
20MackeyT@chapelHigh.org.uk if you want to play!

# ANSWERS 

## THAMES!

Thank you to everyone who has contributed to The Summ'it. It has been a great venture this term and we hope to keep it going regularly. Don't forget to enter the competitions and remember that everyone is welcome to contribute to the school newspaper. Meetings every Thursday lunch time in the library but you don't have to attend every week. Similarly, if you have ideas you can always email: library@chapelhigh.org.uk to get in touch.

GUESS THE CELEBRITY...


## 1. AMSONE BLLES

## 2. AHARLOTTE OUNAROIN

Sarah Madden
Hannah Semple Charlotte Semple Archie Hambleton
Toby Mackey
Naya Howe
Faye Critchlow
Carys Hall
Nancy Wood
Sophie Waston
Sophie Pomeroy
Amelia Shepherd
Freya Horan
Mrs E Scorer
Mrs R Brosnan
Mrs A Keeble
Mr J Manley
Penny Smith
Mr I Smith
Miss E Hibbert

Ellie-Maye
Kiara
Miriam Swift
Lucy Sherratt Sam Crossland
Jessie Ashton
Learning Support
Grace Vickers
Maddie Wilde
Lola Stott
Eden Evdemon
Lizzie Hughes Harry Woodward

Cai B
Lucas E
THANKS
TO 44

